

Essential Eligibility Criteria

Alfred B. Maclay Gardens State Park

Kayaking 101

In order to participate in this program, one:

- Must not exceed the manufacture's weight limit for the vessel.
- Must have the ability to follow verbal and/or visual direction independently or with the assistance of a companion.
- Must have the ability to withstand exposure to the outdoors for a period of 3 hours.
- Must have the ability to enter and exit the vessel, independently or with assistance of a companion or with the use of adaptive equipment.
- Must have the ability to remain seated, maneuver and balance independently or with the assistance of a companion or with the use of adaptive equipment.
- Must have the ability to wear a properly fitted personal flotation device.



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